

**Arizona Masters Track Meet  
Mountain Pointe High School  
Phoenix, Arizona - 4/14/2024  
Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**Event 1 W35 60 Meter Dash**

Name	Age Team	Finals	Age-Grading
Finals			
1 Rochelle Lockhart	W36 Unattached	9.10	9.11 76.37%

**Event 1 M40 60 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Brandon Bowman	M40 Unattached	8.19	8.00 79.24%

**Event 2 M24&U 60 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Tray Ashby-Phan	Unattached	7.20	7.21 88.06%
2 Naigle Chapman	Unattached	7.39	7.40 85.79%
3 Campbell Friend	Unattached	7.67	7.68 82.66%

**Event 2 M35 60 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Tyson Woods	M37 Unattached	7.72	7.72 82.25%

**Event 2 M50 60 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Richard Hofstetter	M53 Unattached	7.96	7.39 85.80%

**Event 2 M65 60 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Jim Hershberger	M67 Unattached	9.42	8.01 79.19%

**Event 2 M75 60 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Rich Thomas	M75 Unattached	10.50	8.35 76.00%

**Event 3 W35 100 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Rochelle Lockhart	W36 Unattached	15.24	15.25 69.82%



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**Event 3 W50 100 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Michele Cameron	W53 Arizona Masters	15.80	14.35 74.18%

**Event 3 M40 100 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Brandon Bowman	M40 Unattached	13.05	12.62 75.94%

**Event 4 M24&U 100 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Tray Ashby-Phan	Unattached	11.35	11.36 84.41%
2 Naigle Chapman	Unattached	11.93	11.94 80.30%
3 Campbell Friend	Unattached	12.47	12.48 76.82% 12.463

**Event 4 M35 100 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Tyson Woods	M37 Unattached	12.47	12.47 76.82% 12.468

**Event 4 M40 100 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Jeff Thomas	M42 Unattached	11.97	11.58 82.79%

**Event 4 M50 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Richard Hofstetter	M53 Unattached	12.96	11.71 81.87%	1
2 Mark Borchard	M53 Unattached	13.11	11.84 80.93%	2

**Event 4 M55 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Erik Rothchild	M57 Unattached	12.73	11.11 86.25%	2
2 Jeffrey Yale	M59 Unattached	13.66	11.92 80.38%	2

**Event 4 M65 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Jim Hershberger	M67 Unattached	15.33	12.48 76.78%	2



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**Event 4 M75 100 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
1 Rich Thomas	M75	Unattached	17.08	12.96 73.95%	2

**Event 5 W50 200 Meter Dash**

Name	Age	Team	Finals	Age-Grading
1 Michele Cameron	W53	Arizona Masters	32.65	29.52 73.29%

**Event 6 M50 200 Meter Dash**

Name	Age	Team	Finals	Age-Grading
1 Mark Borchard	M53	Unattached	27.15	24.12 79.56%

**Event 6 M65 200 Meter Dash**

Name	Age	Team	Finals	Age-Grading
1 John Cunningham	M68	Unattached	45.34	36.44 52.67%

**Event 7 W30 400 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Yewande Olabumuyi	W32	Arizona Masters	1:00.54	1:00.55 79.52%

**Event 7 W35 400 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Rochelle Lockhart	W36	Unattached	1:18.08	1:16.39 63.03%

**Event 7 M30 400 Meter Run**

Name	Age	Team	Finals	Age-Grading	H#
1 Wes Jones	M31	Unattached	51.86	51.87 82.97%	1
2 Airius Hunt	M34	Unattached	54.80	54.81 78.52%	2

**Event 7 M35 400 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Robert Crewse	M39	Unattached	57.84	56.83 75.73%



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**Event 7 M40 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Jeff Thomas	M42 Unattached	54.15	51.52 83.53%	2
2 Eric Bailey	M41 Arizona Pacemakers	57.67	54.87 78.43%	1
3 Joe Proctor	M42 Unattached	57.87	55.06 78.16%	2
4 Sterling Kellis	M44 Unattached	59.42	56.53 76.12%	2

**Event 7 M55 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Cameron Ivie	M55 Unattached	1:04.63	55.69 77.27%	2

**Event 7 M65 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 John Cunningham	M68 Unattached	1:42.86	1:22.78 51.98%	2

**Event 7 M75 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Rich Thomas	M75 Unattached	1:50.15	1:21.96 52.51%	2

**Event 8 W30 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Yewande Olabumuyi	W32 Arizona Masters	3:13.74	3:13.75 58.85%
	1:29.352 (1:29.352) 3:13.740 (1:44.388)		

**Event 8 W50 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Brenda Williams	W50 Unattached	2:47.61	2:27.74 77.17%
	1:22.333 (1:22.333) 2:47.601 (1:25.268)		

**Event 8 M40 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Joe Proctor	M42 Unattached	2:26.21	2:20.07 72.04%
	1:09.578 (1:09.578) 2:26.201 (1:16.623)		
2 Sterling Kellis	M44 Unattached	2:29.44	2:23.17 70.48%
	1:11.642 (1:11.642) 2:29.440 (1:17.798)		



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**Event 8 M45 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Brian Pasero 1:04.894 (1:04.894)	M45 Arizona Pacemakers 2:16.755 (1:11.861)	2:16.76	2:05.89 80.16%

**Event 8 M60 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Kenneth Knierim 1:22.343 (1:22.343)	M60 Arizona Pacemakers 2:50.230 (1:27.887)	2:50.23	2:18.69 72.76%

**Event 8 M65 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Normand Guillemette 1:30.887 (1:30.887)	M67 Arizona Pacemakers 3:05.097 (1:34.210)	3:05.10	2:24.64 69.77%

**Event 9 W50 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Brenda Williams 1:03.333 (1:03.333)	W50 Unattached 2:33.271 (1:29.938)	5:30.99 4:04.026 (1:30.755)	4:47.87 79.92% 5:30.981 (1:26.955)

**Event 9 W60 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Susan Brooker 1:08.074 (1:08.074)	W60 Unattached 2:39.075 (1:31.001)	5:44.22 4:12.510 (1:33.435)	4:33.69 84.06% 5:44.219 (1:31.709)

**Event 9 M24&U 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 David Valdez 1:00.631 (1:00.631)	Unattached 2:25.248 (1:24.617)	5:05.75 3:48.746 (1:23.498)	5:05.76 67.38% 5:05.748 (1:17.002)

**Event 9 M30 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Les Jones 48.673 (48.673)	M31 Unattached 1:58.227 (1:09.554)	4:12.37 3:06.496 (1:08.269)	4:12.38 81.63% 4:12.367 (1:05.871)



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**Event 9 M40 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Nate Rath	M42 Unattached	4:23.96	4:11.61 81.87%
52.921 (52.921)	2:04.406 (1:11.485)	3:17.173 (1:12.767)	4:23.955 (1:06.782)
2 Sterling Kellis	M44 Unattached	4:55.40	4:41.58 73.16%
56.758 (56.758)	2:17.943 (1:21.185)	3:38.461 (1:20.518)	4:55.396 (1:16.935)

**Event 9 M45 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Rory Ruelas	M46 Arizona Pacemakers	5:04.38	4:40.22 73.52%
57.756 (57.756)	2:20.076 (1:22.320)	3:44.622 (1:24.546)	5:04.375 (1:19.753)
2 Matt West	M45 Arizona Pacemakers	5:10.63	4:45.97 72.04%
58.510 (58.510)	2:24.830 (1:26.320)	3:49.566 (1:24.736)	5:10.629 (1:21.063)

**Event 9 M50 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Jeff Wood	M54 Unattached	5:14.14	4:38.68 73.92%
1:01.375 (1:01.375)	2:26.359 (1:24.984)	3:52.201 (1:25.842)	5:14.135 (1:21.934)
2 Scott Nelson	M54 Arizona Pacemakers	5:32.27	4:54.76 69.89%
1:02.050 (1:02.050)	2:33.831 (1:31.781)	4:07.828 (1:33.997)	5:32.265 (1:24.437)

**Event 9 M55 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Jeffrey Daer	M57 Unattached	5:34.62	4:45.34 72.20%
1:02.986 (1:02.986)	2:32.970 (1:29.984)	4:06.641 (1:33.671)	5:34.616 (1:27.975)

**Event 9 M60 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
-- John Hoch	M61 Unattached	DNF	
1:08.955 (1:08.955)	2:46.886 (1:37.931)		

**Event 9 M65 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Normand Guillemette	M67 Arizona Pacemakers	6:10.63	4:49.62 71.13%
1:09.875 (1:09.875)	2:52.682 (1:42.807)	4:33.816 (1:41.134)	6:10.629 (1:36.813)



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**Event 10 W35 3000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Shayna Weir	W38 Unattached	11:18.65	11:18.66 73.52%
41.986 (41.986)	2:11.879 (1:29.893)	3:43.605 (1:31.726)	5:16.461 (1:32.856)
6:49.182 (1:32.721)	8:21.666 (1:32.484)	9:53.083 (1:31.417)	11:18.642 (1:25.559)

**Event 10 W55 3000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Wenjing He	W59 Arizona Masters	16:47.10	14:16.95 58.22%
59.858 (59.858)	3:13.938 (2:14.080)	5:29.754 (2:15.816)	7:45.190 (2:15.436)
10:01.540 (2:16.350)	12:18.979 (2:17.439)	14:37.243 (2:18.264)	16:47.098 (2:09.855)

**Event 10 M24&U 3000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Travis Aguilar	M19 Arizona Masters	11:46.69	11:46.70 62.36%
40.429 (40.429)	2:10.859 (1:30.430)	3:43.954 (1:33.095)	5:16.896 (1:32.942)
6:53.721 (1:36.825)	8:34.408 (1:40.687)	10:15.350 (1:40.942)	11:46.682 (1:31.332)

**Event 10 M40 3000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Nate Rath	M42 Unattached	9:38.59	9:17.53 79.04%
36.516 (36.516)	1:52.193 (1:15.677)	3:10.946 (1:18.753)	4:29.599 (1:18.653)
5:47.256 (1:17.657)	7:04.504 (1:17.248)	8:22.780 (1:18.276)	9:38.584 (1:15.804)

**Event 10 M60 3000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Brent Cushenbery	M64 Unattached	13:40.61	11:08.06 65.96%
46.061 (46.061)	2:28.332 (1:42.271)	4:19.068 (1:50.736)	6:13.398 (1:54.330)
8:06.937 (1:53.539)	10:00.171 (1:53.234)	11:51.472 (1:51.301)	13:40.603 (1:49.131)

**Event 10 M65 3000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Steve Brumwell	M66 Unattached	12:50.09	9:56.98 73.82%
45.418 (45.418)	2:22.262 (1:36.844)	4:02.676 (1:40.414)	5:47.087 (1:44.411)
7:33.344 (1:46.257)	9:20.405 (1:47.061)	11:07.846 (1:47.441)	12:50.090 (1:42.244)



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**Event 11 M24&U 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 David Valdez	Unattached	18:59.61	18:59.62 66.46%
43.362 (43.362)	2:15.536 (1:32.174)	3:46.868 (1:31.332)	5:16.153 (1:29.285)
6:45.313 (1:29.160)	8:15.229 (1:29.916)	9:46.423 (1:31.194)	11:17.518 (1:31.095)
12:49.568 (1:32.050)	14:22.646 (1:33.078)	15:56.109 (1:33.463)	17:30.672 (1:34.563)
18:59.601 (1:28.929)			

**Event 11 M65 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Normand Guillemette	M67 Arizona Pacemakers	21:15.90	16:24.11 76.96%
47.188 (47.188)	2:26.624 (1:39.436)	4:08.926 (1:42.302)	5:50.896 (1:41.970)
7:31.401 (1:40.505)	9:12.577 (1:41.176)	10:55.938 (1:43.361)	12:38.733 (1:42.795)
14:25.287 (1:46.554)	16:11.084 (1:45.797)	17:55.370 (1:44.286)	19:38.529 (1:43.159)
21:15.896 (1:37.367)			

**Event 13 Mixed 4x400 Meter Relay**

Team	Finals
1 Unattached	3:57.55
1) Robert Crewse 39	2) Sterling Kellis 44
3) Joe Proctor 42	4) Tyson Stratton 43
58.363 (58.363)	2:00.166 (1:01.803)
	2:59.599 (59.433)
	3:57.546 (57.947)
2 Unattached 'B'	4:25.65
1) Rory Ruelas 21	2) Eric Bailey 41
3) Scott Nelson 54	4) Airius Hunt 34
1:04.159 (1:04.159)	2:04.837 (1:00.678)
	3:21.351 (1:16.514)
	4:25.649 (1:04.298)

